

**Anglican Cursillo® Movement  
Diocese of Newcastle  
Secretariat 2011**

**Diocesan Co-Lay Directors**

Cheryl Cooper 4981 5494  
Grant Killen 4964 1506

**Diocesan Spiritual Director**

Rev'd Sonia Roulston 4991 4759

**Secretary**

Judy Walsh 0417434686

**Treasurer**

Brian Taylor 4943 9317

**Spiritual Advisers**

Rev'd Ian Howarth 4959 1106  
Rev'd Mandy Wheatley 6548 2218

**Members**

Jane Frost 0431580087  
Tony Farmer 6573 1150  
Darrell Fox 4948 5204  
Ken Iles 4952 8002  
Garry Roth 4982 9193

**Roll Keeper**

Keith Watson 4365 1065  
keithwatson@bigpond.com

**"The Encourager" Editor**

Helen Fraser 4360 2231  
bruhelfras@yahoo.com

**Newcastle Cursillo web address**

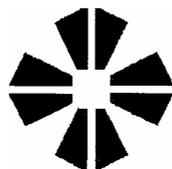
[www.angdon.com/cursillo](http://www.angdon.com/cursillo)

**Anglican Cursillo in Australia**

[www.anglicancursillo.org.au](http://www.anglicancursillo.org.au)

**Postal Address**

PO Box 174  
WARATAH NSW 2298



Newcastle Anglican Cursillo® Movement

**Dates for 2011**

**Regional 4th Day Renewal**  
Central Cst/Lake Macq Deaneries  
12<sup>th</sup> March at Lakes Anglican

**Regional 4th Day Renewal**  
Manning Deanery  
26<sup>th</sup> March at Taree

**Regional 4th Day Renewal**  
Upper Hunter Deanery  
16<sup>th</sup> April at Muswellbrook

**Regional 4th Day Renewal**  
Newcastle/Maitland/Pat Deanery  
30<sup>h</sup> April at Georgetown

**M41&W41A Commissioning**  
14<sup>th</sup> May at Beresfield

**Women Celebrating our Faith**  
**Michelle MacClure**  
3<sup>rd</sup> - 5<sup>th</sup> June at  
Myuna Bay

**Weekend for Men**  
**Col Johnston**  
15<sup>th</sup>-17<sup>th</sup> July at Tocal

**M41 Richard Turnbull LD**  
4<sup>th</sup> - 7<sup>th</sup> August at  
Camp Breakaway, San Remo

**Continuing the Journey**  
**Bruce & Helen Fraser**  
14<sup>th</sup>-15<sup>th</sup> August at Singleton

**W41A Karen Marshall LD**  
18<sup>th</sup>-21<sup>st</sup> August at  
Camp Breakaway, San Remo

**W41A &M41 Welcome Day**  
22<sup>rd</sup>October at Georgetown

**Diocesan Ultreya**  
5<sup>th</sup> November at  
Christchurch Cathedral



**ANGLICAN CURSILLO® MOVEMENT  
DIOCESE OF NEWCASTLE**

***APOSTOLIC ACTION DIARY***

***2011***



*Christ is counting on you*

## **A Special Prayer for Daily Use**

(Written by Rev'd Jan Deaves)  
Diocesan Spiritual Adviser 2006-2009

Gracious God, we thank you for all the colours of your love.  
We hold before you our Cursillo community and ask for your continuing love and guidance. As you keep your promises to us, may we be true to the promises we have made to you.

Through piety may we feel your presence and identify the vision you have for each one of us.

Through study may we gain new insights and explore the vision we seek.

Through apostolic action may we share your love with others as we live the vision before us.

This we pray in the name of your Son and through the power of the Holy Spirit within us.

Amen

## **How to use your Apostolic Action Diary**

- ⇒ A monthly Cycle of Prayer has been included after entries for 31<sup>st</sup> December which provides you with the opportunity to pray specifically each day for members of the Cursillo Community.
- ⇒ You have the opportunity to revisit the commitments you made at your Cursillo. See new version of the Commitment Card inside back cover.
- ⇒ Following a suggestion from a member of the Fourth Day Community there is a Prayer Requests section each week. This is for writing down specific prayer requests you may receive during that week from the Cursillo Prayer Chain or elsewhere.
- ⇒ Please consult your Priest before undertaking any parish based activities suggested in the Apostolic Action sections of the Diary

*Make a friend*

*Be a friend*

*Bring your friend gently to Jesus*

## **STUDY**

***I will try to pursue the following sources of study to help me know my environments and where they need changing***

- Daily Bible reading and study groups
  - Papers and magazines: daily, religious, school
  - Cursillo publications: 'The Encourager', ACMA handbook
  - Special programmes
    - Education for Ministry (E/M)
    - Newcastle School of Theology for Ministry
      - \* Bishop's Certificate
      - \* Bishop's Diploma
      - \* Ministry Skills Stream,
      - \* Bachelor of Theology (Newcastle University)
  - Spiritual books
  - Special interest groups
  - Visits to places of interest dictated by my gifts and talents
  - Radio, television and internet.
  - Other ways (please list)
- 
- 

## **ACTION-SHARING YOUR FAITH**

***I will try to befriend others and lead them to Christ in some of the following possible avenues and opportunities for Apostolic Action***

- Learn what my gifts and limitations are
  - Accept leadership roles in my church
    - SRE in schools
    - Visiting hospitals, aged care facilities
    - Ministering Community in Mission
  - Listen intentionally to those I meet
  - Pray with people
  - Be ready to share my faith journey
  - Invite and offer to bring and introduce others to our community of faith.
  - Be prepared to minister to people
  - Other ways (please list)
- 
-

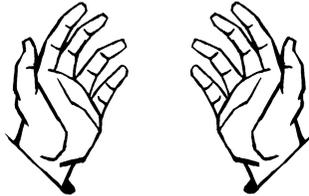
## Re-Visiting my COMMITMENT CARD

### Christ is counting on me!

- Pastoral Ministry
- Growth in Faith
- Christian Stewardship

*Christ has no body now on earth  
But yours.*

*Saint Theresa of Avila*



### GROWING IN HOLINESS - PIETY

*To strengthen my relationship with Christ I will try to practice some of the following forms of prayer to nourish my union with Christ*

- The Sunday Eucharist
  - Daily prayer and reflection
  - Weekday Eucharists
  - Morning and Evening Prayer as set out in APBA
  - Visits to a Spiritual Adviser
  - Group Re-union and Ultreya
  - Prayer Group
  - Sacraments of Penance and Reconciliation
  - Retreats
  - Quiet Days.
  - Other ways (please list)
- 
- 

### 26 December - 01 January

### First Sunday after Christmas

**Study:** I will recount the gracious deeds of the Lord, the praiseworthy acts of the Lord, because of all that that the Lord has done for us... *Isaiah 63:7*

#### Apostolic Action:

- ◆ Talk to a friend about some of the ways in which you have been blessed.
- ◆ Resolve to be diligent in personal prayer and study time
- ◆ Revisit your Commitment card -see inside back cover of this booklet

#### Prayer Points:

- \* Give thanks for the blessings you have received
- \* Pray for opportunities to serve
- \* Pray for the Cursillo Movement see Cycle of Prayer towards the back of this Diary

#### Prayer Requests

### 02 - 08 January

### Second Sunday after Christmas

**Study:** In Christ we have redemption through his blood, the forgiveness of our trespasses, according to the richness of his grace that he lavished on us. *Ephesians 1:7-8a*

#### Apostolic Action:

- ◆ Offer practical support for someone in need.
- ◆ Research 'Epiphany' - Share your findings with a friend
- ◆ Take some action on the home front to reduce your consumption of power.

#### Prayer Points:

- \* Pray for someone you know who is in need of comfort

#### Prayer Requests

### 09 - 15 January

### (Baptism of the Lord) First Sunday after Epiphany

**Study:** A voice came from heaven saying, 'This is my son, the Beloved, with whom I am well pleased.' *Matthew 3:17*

#### Apostolic Action:

- ◆ Are you able to assist with the ministry of Baptism in your parish?
- ◆ Offer to mind children to give parents a break
- ◆ Take some action on the home front to reduce your consumption of water.

#### Prayer Points:

- \* Children who are baptised in your parish
- \* Pray for your God children

#### Prayer Requests

**16 - 22 January**

**Second Sunday after Epiphany**

**Study:** I delight to do you will, O my God; your law is within my heart.

*Psalm 40:8*

**Apostolic Action:**

- ◆ Check if you can assist with preparations for the various ministries in your church
- ◆ Contact someone you haven't been in touch with over the holiday season.
- ◆ Consider writing something for 'The Encourager'

**Prayer Points:**

- \* Safety on the roads for those returning from holidays
- \* Pray for those experiencing financial difficulties getting children organised for school.

**Prayer Requests**

**23 – 29 January**

**Third Sunday after Epiphany**

**Study:** Now I appeal to you, brothers and sisters, by the name of our Lord Jesus Christ, that there be no divisions among you, but that you be united in the same mind and the same purpose. *1Corinth1:10*

**Apostolic Action:**

- ◆ Attend an Australia Day event in your area or plan to host an Australia Day celebration
- ◆ Ultreya at Cathedral 6.30pm on 28<sup>th</sup>. Are you able to attend? Take a friend.

**Prayer Points:**

- \* Give thanks for the bounty of our land.
- \* Pray for all students starting or resuming school

**Prayer Requests**

**30 January – 05 February**

**Fourth Sunday after Epiphany**

**Study:** What does the lord require of you but to do justice, and to love kindness and to walk humbly with your God?

*Micah 6:8*

**Apostolic Action:**

- ◆ School resumes for students on 31<sup>st</sup>. Can you help with SRE in schools in your area?
- ◆ Have you or your group reunion considered jointly sponsoring someone to Cursillo?

**Prayer Points:**

- \* Secretariat as they meet on the 1<sup>st</sup> February
- \* Pray for students and the new academic year.

**Prayer Requests**

**Cursillo Cycle of Prayer**

**Day: 1**

National Lay Director - Allan Reed

**Day: 2**

National Spiritual Director until March  
Rev'd Andrew Covington  
National Spiritual Director after March  
Rev'd Ian Mabey

**Day: 3**

National Secretary - Anne Carpenter

**Day: 4**

National Episcopal Overseer  
Bishop Keith Slater

**Day: 5**

National Publications Co-ordinator  
Ruth McFarlane

**Day: 6**

Diocesan Co-Lay Directors  
Grant Killen and Cheryl Cooper

**Day: 7**

Diocesan Spiritual Director  
Rev'd Canon Sonia Roulston

**Day: 8**

Diocesan Secretary - Judy Walsh

**Day: 9**

Diocesan Treasurer - Brian Taylor

**Day: 10**

Diocesan Spiritual Advisers  
Rev'd Ian Howarth  
Rev'd Mandy Wheatley

**Day: 11**

Applications/Fourth Day Co-ordinator  
Jane Frost

**Day: 12**

Prayer Co-ordinator  
Tony Farmer

**Day: 13**

Servant Community Co-ordinators  
Ken Iles and Darrell Fox

**Day: 14**

Diocesan Proctor  
Garry Roth

**Day: 15**

Editor of 'The Encourager'  
Helen Fraser

**Day: 16**

Roll Co-ordinator - Keith Watson

**Day: 17**

Palanca Co-ordinator - Lynn Dunicliff

**Day: 18**

Copyright Co-ordinator  
Gail Campbell

**Day: 19**

Central Coast Deanery Contact  
Gail & Colin Campbell

**Day: 20**

Lake Macquarie Deanery Contact  
Chris Plumridge

**Day: 21**

Newcastle Deanery Contact  
Rev'd Chris Bullock

**Day: 22**

Maitland/Paterson Deanery Contact  
Lance Phillips

**Day: 23**

Upper Hunter Deanery Contact

**Day: 24**

Manning Deanery Contact  
Anne Holley

**Day: 25**

Servant Community Members &  
Parish Contacts

**Day: 26**

WCoF Co-ordinator  
Michelle MacClure

**Day: 27**

Men's Event Co-ordinator  
Col Johnston

**Day: 28**

Continuing the Journey Co-ordinators  
Helen & Bruce Fraser

**Day: 29**

W41A LD Karen Marshall

**Day: 30**

M41 LD Richard Turnbull

**Day: 31**

Sponsors & potential candidates

**18 –24 December**

**Fourth Sunday in Advent**

**Study:** 'Blessed are you among women, and blessed is the fruit of your womb.'

**Luke 1:42**

**Apostolic Action:**

- ◆ Attend Church on Christmas Day. Invite a friend who doesn't normally attend church
- ◆ Give generously to the Christmas Bowl Appeal or some other cause for the needy if a collection is being taken at your church
- ◆ Make visitors to your church welcome

**Prayer Points:**

- \* Clergy as they make final preparations for Christmas services.
- \* That children may have a better understanding of the reason we celebrate.
- \* Peace and harmony in homes

**Prayer Requests**

**25 December - 31 December**

**Christmas Day**

**Study:** The Word became flesh and lived among us.

**John 1:14**

**Apostolic Action:**

- ◆ Spend some time with someone who is alone during the holiday season
- ◆ Make a list of the many ways you have been blessed throughout the year.
- ◆ Reflect on the ways you have been tested this year and what you have learned and/or how you have grown through those times of trial.

**Prayer Points:**

- \* For those who are on holiday - that it will be a time of refreshment
- \* For safety and courtesy on the busy roads
- \* For a sensible attitude to New Year celebrations.

**Prayer Requests**

*Greetings from members of Secretariat to all users of this Apostolic Action Diary.*

*We hope it has been a useful aid in your Fourth Day.*

*MAY THIS CHRISTMAS RENEW YOUR SPIRIT TO TAKE THE LOVE OF GOD INTO YOUR ENVIRONMENTS IN 2012*

**06 – 12 February**

**Fifth Sunday after Epiphany**

**Study:** ...let your light shine before others, so that they may see your good works and give glory to your Father in heaven.

**Matthew 5:16**

**Apostolic Action:**

- ◆ Ladies, have you considered going to one of the AW Retreats at Stroud?
- ◆ How can you respond to the 'Study' verse for this week?

**Prayer points:**

- \* Preparations for WCOF weekend.
- \* SRE teachers as they commence this year of teaching
- \* Sponsors and candidates for M41&W41A

**Prayer Requests**

**13 – 19 February**

**Sixth Sunday after Epiphany**

**Study:** Blessed are those whose way is blameless, who walk in the law of the Lord.

**Psalms 119:1**

**Apostolic Action:**

- ◆ This is Random Acts of Kindness Week. Make a conscious effort to be kind to others
- ◆ Can you grow some vegetables in your garden. Share surplus with your neighbour.

**Prayer Points:**

- \* Sponsors and candidates for M41 &W41A
- \* Preparations for WCOF (Michelle MacClure) and for Men's Event (Col Johnston)

**Prayer Requests**

**20 – 26 February**

**Seventh Sunday after Epiphany**

**Study:** Do you not know that you are God's temple and that God's Spirit dwells in you? **1 Corinth 3:16**

**Apostolic Action:**

- ◆ Have you organised your study for Lent?
- ◆ Is there someone you could invite to a Lenten study group in your parish?
- ◆ Ultreya at Birmingham Gardens 2pm on 20<sup>th</sup>. Are you able to attend? Take a friend.

**Prayer Points:**

- \* Sponsors and candidates for M41 &W41A

**Prayer Requests**

### **27 February – 05 March**

### **Eighth Sunday after Epiphany**

**Study:** Do not worry, saying, 'What shall we eat?' or 'What shall we wear?' Strive first for the kingdom of God and his righteousness, and all these things will be given to you as well. *Matthew 6:31,33*

#### **Apostolic Action:**

- ◆ 5<sup>th</sup> is Clean up Australia Day. Can you organise some members of your parish to take part?
- ◆ Attend an ecumenical World Day of Prayer Service in your area on the 4<sup>th</sup>. Take a friend.

#### **Prayer Points:**

- \* Secretariat as they meet on the 1<sup>st</sup> March
- \* National Secretariat as they meet 4<sup>th</sup>- 6<sup>th</sup> March
- \* Sponsors and candidates for M41 & W41A
- \* Preparations for Regional Fourth Day Renewal for Central Coast/Lake Macquarie

#### **Prayer Requests**

### **06 – 12 March**

### **Transfiguration**

**Study:** Suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my beloved Son, with whom I am well pleased; listen to him.'

*Matthew 17:5*

#### **Apostolic Action:**

- ◆ Have pancakes for dinner on Shrove Tuesday. Invite a neighbour and explain significance of this meal?
- ◆ Attend an Ash Wednesday Service on the 9<sup>th</sup>. Offer transport to an elderly parishioner
- ◆ Plan to attend the Regional Fourth Day Renewal at Lakes Anglican if it is in your area.

#### **Prayer Points:**

- \* Those attending weekend AW Lenten Retreat at Stroud Monastery from 11<sup>th</sup>—13<sup>th</sup>. Retreat Conductor (Bp Peter)
- \* Sponsors and candidates for M41&W41A

#### **Prayer Requests**

### **13 – 19 March**

### **First Sunday in Lent**

**Study:** We do not live by bread alone, but by every word that comes from the mouth of God.

*Matthew 4:4*

#### **Apostolic Action:**

- ◆ Are you able to support Kairos Ministries?
- ◆ Attend a Lenten Bible Study

#### **Prayer Points:**

- \* Sponsors and candidates for M41 & W41A
- \* Those attending mid week AW Lenten Retreat at Stroud Monastery from 15<sup>th</sup>—17<sup>th</sup>. Retreat Conductor (Bp Peter)

#### **Prayer Requests**

### **27 November - 03 December**

### **First Sunday in Advent**

**Study:** Heaven and earth will pass away,' says the Lord, 'but my words will not pass away.'

*Mark 13:31*

#### **Apostolic Action:**

- ◆ Make an Advent wreath or an Advent Calendar with a spiritual theme.
- ◆ Explain the season of Advent to a non Christian friend or family member
- ◆ Can you contribute to the Samaritan's Christmas appeal

#### **Prayer Points:**

- \* Your own spiritual preparations during Advent

#### **Prayer Requests**

### **04 –10 December**

### **Second Sunday in Advent**

**Study:** Prepare the way of the Lord, make his paths straight. For the glory of the Lord shall be revealed, and all people shall see it together.

*Luke 3:4*

#### **Apostolic Action:**

- ◆ Plan to attend a local Carols service. Take a friend.
- ◆ Share the Christian story with a child.
- ◆ Encourage a spirit of generosity and giving to those less fortunate than yourself.

#### **Prayer Points:**

- \* Secretariat handover to new members on 10<sup>th</sup> December
- \* Your parish Clergy and Ministry Teams in their Christmas preparations.

#### **Prayer Requests**

### **11 –17 December**

### **Third Sunday in Advent**

**Study:** The spirit of the Lord is upon me...he has sent me to bring good news to the oppressed.

*Isaiah 61:1*

#### **Apostolic Action:**

- ◆ Assist in the cleaning and decorating of your church for Christmas
- ◆ Offer to mind children for a young family so they can attend a Christmas function.
- ◆ Assist with distribution of Christmas service times.

#### **Prayer Points:**

- \* Those who are away from families at Christmas.
- \* Health care workers and emergency services workers who have to work or be on call over the Christmas break
- \* Safety on the roads

#### **Prayer Requests**

**06– 12 November****Twenty First Sunday after Pentecost****Study:** Watch and be ready, for you do not know on what day your Lord is coming. *Matthew 24:42,44***Apostolic Action:**

- ◆ Offer assistance with preparations for Christmas activities at church
- ◆ Start putting together a Christmas hamper for a needy family
- ◆ Encourage someone with an act of kindness

**Prayer Points:**

- \* People suffering the sorrow of bereavement
- \* Young people leaving school as they consider options for their future.

**Prayer Requests****13 - 19 November****Twenty Second Sunday after Pentecost****Study:** God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ.

Therefore encourage one another and build up each other.

*1 Thessalonians 5:9,11***Apostolic Action:**

- ◆ Is there someone who needs help to do their Christmas shopping.
- ◆ Light a candle and pray a prayer for peace eg Litany for Peace p194 in APBA
- ◆ Arrange visits with friends, family and neighbours before it get too busy with end of year activities

**Prayer Points:**

- \* Those who are troubled that they may experience God's peace.
- \* Careful spending during the pre Christmas season

**Prayer Requests****20 - 26 November****Christ the King****Study:** Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world.'*Matthew 25:34***Apostolic Action:**

- ◆ Send Christmas cards to those on your mailing list. Include a verse from the Bible such as Matthew 1:23; Isaiah 9:2,6; Luke 2:10 -11
- ◆ Send messages of support to the 'quiet achievers' in your community
- ◆ Smile at the checkout attendant

**Prayer Points:**

- \* People facing new challenges
- \* Parish preparations during Advent

**Prayer Requests****20 – 26 March****Second Sunday in Lent****Study:** God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.*John 3:16***Apostolic Action:**

- ◆ Plan to attend the Regional Fourth Day Renewal at Taree if it is in your area.
- ◆ Ladies, plan to attend 'Lady Day' service at the Cathedral on 25<sup>th</sup> March
- ◆ This is National Senior's Week - Arrange an outing with some senior members of your congregation

**Prayer Points:**

- \* Sponsors and candidates for M41 & W41A
- \* A spirit of tolerance among people of different faiths

**Prayer Requests****27 March- 02 April****Third Sunday in Lent****Study:** God proves his love for us in that while we were still sinners Christ died for us. *Romans 5:8***Apostolic Action:**

- ◆ The 3<sup>rd</sup> is Mothering Sunday. Is there anyone who would appreciate being taken to church?
- ◆ Make a point of speaking to someone in your church community you do not know very well.
- ◆ Telephone someone who is housebound.

**Prayer Points:**

- \* Sponsors and candidates for M41 & W41A
- \* All who are involved in overseas mission work.

**Prayer Requests****03 – 09 April****Fourth Sunday in Lent****Study:** 'I am the Light of the world,' says the Lord.; those who follow me will have the light of life.*John 8:12***Apostolic Action:**

- ◆ Offer help with an elderly person's garden
- ◆ Consider the necessity of some of your own spending
- ◆ Contribute to food stocks of your parish pantry.

**Prayer Points:**

- \* Secretariat as they meet on the 5<sup>th</sup> April
- \* Sponsors and candidates for M41 & W41A

**Prayer Requests**

### **10 – 16 April**

### **Fifth Sunday in Lent**

**Study:** 'I am the Resurrection and the Life,' says the lord; 'whoever lives and believes in me shall never die.'

**John 11:25-26**

#### **Apostolic Action:**

- ◆ Offer to help with making Palm Crosses for your parish.
- ◆ Ultreya at Merewether on 15<sup>th</sup>
- ◆ Plan to attend the regional Fourth Day Renewal at Muswellbrook if it is in your area.

#### **Prayer Points:**

- \* Persistence in our faith journey
- \* Regional Fourth Day Renewal for Upper Hunter on 16<sup>th</sup> April

#### **Prayer Requests**

### **17 – 23 April**

### **Palm Sunday**

**Study:** At the name of Jesus, every knee shall bend, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. **Philippians 2:10-11**

#### **Apostolic Action:**

- ◆ Plan to attend special Holy Week services. Invite a neighbour to Holy Week services.
- ◆ Help with church decorating for Easter Day.
- ◆ Invite a neighbour to attend a special Easter service with you.

#### **Prayer Points:**

- \* Sponsors and candidates for M41 & W41A
- \* Pray for Parish Clergy and Ministry Team Leaders as they plan and conduct Holy Week services

#### **Prayer Requests**

### **24 – 30 April**

### **Easter Day**

**Study:** Christ our Passover has been sacrificed for us; therefore let us keep the feast. **1 Corinth 5:7-8**

#### **Apostolic Action:**

- ◆ Invite a friend to Easter services
- ◆ Plan to attend the regional Fourth Day Renewal at Georgetown if it is in your area.
- ◆ Attend an ANZAC Service in your area

#### **Prayer Points:**

- \* Regional Fourth Day Renewal for Newcastle/Maitland Paterson on 30<sup>th</sup> April
- \* Preparations for Team Commissioning and Team Training day for M41 & W41A

#### **Prayer Requests**

### **16– 22 October**

### **Eighteenth Sunday after Pentecost**

**Study:** Give to Caesar the things that are Caesar's, and to God the things that are God's

**Matthew 22:21**

#### **Apostolic Action:**

- ◆ Is there someone crying out for help in your environment? Can you help them?
- ◆ Send a message of encouragement to someone you know who is facing exams.

#### **Prayer Points:**

- \* Preparations for Diocesan Ultreya
- \* W41A & M41 Welcome Day
- \* New veterans as they settle in to their 4<sup>th</sup> Day

#### **Prayer Requests**

### **23 - 29 October**

### **Nineteenth Sunday after Pentecost**

**Study:** 'You shall be holy, for I the Lord your God am holy...you shall love your neighbours as yourself.'

**Leviticus 19:2,18**

#### **Apostolic Action:**

- ◆ Plan to attend the Synod Eucharist at the Cathedral. Proposed Date 28<sup>th</sup> Oct (TBC)
- ◆ Invite someone who is not a Cursillista to the Diocesan Ultreya
- ◆ Ultreya at Waratah on 21<sup>st</sup>

#### **Prayer Points:**

- \* Safe travel for all those travelling to attend Synod.
- \* Wise decision making by Synod
- \* Lay Leader, Spiritual Adviser and witness speaker at Diocesan Ultreya
- \* Safe travel for those attending Diocesan Ultreya

#### **Prayer Requests**

### **30October - 05 November**

### **Twentieth Sunday after Pentecost**

**Study:** The greatest among you will be your servant. All who exalt themselves will be humbled, and all who humble themselves will be exalted.

**Matthew 23:11-12**

#### **Apostolic Action:**

- ◆ Attend the Diocesan Ultreya on at Christ Church Cathedral on 5<sup>th</sup>
- ◆ Can you provide transport for someone to the Diocesan Ultreya

#### **Prayer Points:**

- \* Secretariat as they meet on the 1<sup>st</sup> November
- \* Those being commissioned at Diocesan Ultreya, especially the new DSD and DCo-LD
- \* Those who have no faith that they will come to know the love of God.
- \* 4<sup>th</sup> - Day for Anglicans and Roman Catholics to pray for one another

#### **Prayer Requests**

**25 September - 01 October****Fifteenth Sunday after Pentecost****Study:** Christ humbled himself and became obedient to the point of death – even death on a cross.*Philippians 2:8***Apostolic Action:**

- ◆ Have you considered doing the Bishop's Certificate? Find out about next year's course.
- ◆ It's school holidays. Can you give a young Mum some time out by minding the children.

**Prayer Points:**

- \* Synod preparations
- \* New veterans as they settle in to their 4<sup>th</sup> Day

**Prayer Requests****02 - 08 October****Sixteenth Sunday after Pentecost****Study:** Forgetting what lies behind and straining forward to what lies ahead, let us press on toward the goal for the prize of the heavenly call of God in Christ Jesus.*Philippians 3:13b-14***Apostolic Action:**

- ◆ Is there some new way that you can serve in your parish eg Joining the Welcoming Team or the Morning Tea roster etc.
- ◆ Consider becoming a member of the Servant Community in your deanery.

**Prayer Points:**

- \* Secretariat as they meet on the 4<sup>th</sup> October
- \* National Secretariat as they meet this month
- \* Preparations for Diocesan Ultreya

**Prayer Requests****09 - 15 October****Seventeenth Sunday after Pentecost****Study:** 'Look, I have prepared my dinner... and everything is ready; come to the wedding banquet.'*Matthew 22:4***Apostolic Action:**

- ◆ Can you help plan a welcome dinner for the new Cursillistas in your parish?
- ◆ Sponsors, plan to accompany your candidates to 4<sup>th</sup> Day Welcome.
- ◆ Is there some new way that you can support your parish's community outreach?

**Prayer Points:**

- \* Those preparing for exams
- \* Preparations for the Welcome day

**Prayer Requests****01 - 07 May****Second Sunday of Easter****Study:** Blessed be the God and Father of our Lord Jesus Christ! By his great mercy he has given us new birth into a living hope through the resurrection of Jesus Christ from the dead.*1 Peter 1:3***Apostolic Action:**

- ◆ Make up a small food parcel and give it to an elderly friend
- ◆ Tell your family you love them
- ◆ Plan to attend M41 & W41A Commissioning at Beresfield on Saturday
- ◆ Ladies, WCOF weekend coming up. Have you registered?

**Prayer Points:**

- \* Secretariat as they meet on the 3<sup>rd</sup> May
- \* Give thanks for all mothers.
- \* Those attending NSTM Certificate Awards Ceremony on 7<sup>th</sup> May
- \* Team, Sponsors and candidates for M41 & W41A

**Prayer Requests****08 - 14 May****Third Sunday of Easter****Study:** Repent, and be baptised everyone of you in the name of Jesus Christ so that your sins may be forgiven, and you will receive the gift of the Holy Spirit.*Acts 2:38-39***Apostolic Action:**

- ◆ 9<sup>th</sup> begins National Volunteer Week.
- ◆ Can you volunteer to help in your community?
- ◆ Do you need to forgive or seek forgiveness from someone?

**Prayer Points:**

- \* Give thanks for the work of volunteers in your community

**Prayer Requests****15- 21 May****Fourth Sunday of Easter****Study:** 'I am the good shepherd,' says the Lord. 'The good shepherd lays down his life for the sheep.'*John 10:11***Apostolic Action:**

- ◆ Share your story with a non Christian friend
- ◆ Learn a new skill to help you and your community
- ◆ Donate to a Winter Appeal eg in your parish or to the Samaritans

**Prayer Points:**

- \* Give thanks for and pray for teachers
- \*

**Prayer Requests**

## **22 - 28 May**

## **Fifth Sunday of Easter**

**Study:** 'I am the way and the truth and the life,' says the Lord. 'No one comes to the Father except through me.'

*John 14:6*

### **Apostolic Action:**

- ◆ 26<sup>th</sup> is Biggest Morning Tea. Organise a special fund raising Morning Tea for Cancer Research
- ◆ Contribute to 'baby bundles' for the needy in hospital.
- ◆ Men, consider attending special Men's Event at Tocal 15<sup>th</sup> -17<sup>th</sup> July. Invite a friend.

### **Prayer Points:**

- \* Team, sponsors and candidates for M41 & W41A
- \* 27<sup>th</sup> May – 3<sup>rd</sup> June is Week of Prayer for Reconciliation

### **Prayer Requests**

## **29 May - 04 June**

## **Sixth Sunday of Easter**

**Study:** 'Those who love me will keep my word,' Jesus promises, 'and my Father will love them, and we will come to them and make our home with them.'

*John 14:23*

### **Apostolic Action:**

- ◆ Plan to attend Anglican Women's Conference on the 1st June at the Cathedral. Invite a friend.
- ◆ Research 'wisdom' (see above). Share your findings with a friend.

### **Prayer Points:**

- \* Guests, Key note speaker and Team at WCOF (3<sup>rd</sup>–5<sup>th</sup> June)
- \* Team, sponsors and candidates for M41 & W41A

### **Prayer Requests**

## **05 - 11 June**

## **Seventh Sunday of Easter**

**Study:** This is eternal life, that we may know you, the only true God, and Jesus Christ whom you have sent.

*John 17:3*

### **Apostolic Action:**

- ◆ Help prepare the church for Pentecost.
- ◆ Make some cakes for a special Pentecost morning tea

### **Prayer Points:**

- \* 2<sup>nd</sup> - 11<sup>th</sup> is Week of Prayer for Christian Unity. Pray for Christian Unity
- \* Secretariat as they meet on the 7<sup>th</sup> June

### **Prayer Requests**

## **04 - 10 September**

## **Twelfth Sunday after Pentecost**

**Study:** Where two or three are gathered in my name,' says the Lord, 'I am there among them.'

*Matthew 18:20*

### **Apostolic Action:**

- ◆ Ladies, plan to attend the AW Spring Rally in your deanery this week. Offer to take a friend.
- ◆ Be open to the leading of the Holy Spirit in your Christian witness
- ◆ Invite a friend to attend Back Church Sunday

### **Prayer Points:**

- \* Secretariat as they meet on the 6<sup>th</sup> September
- \* Preparations for Back to Church Sunday
- \* Guest speakers for AW Spring Rallies

### **Prayer Requests**

## **11 - 17 September**

## **Thirteenth Sunday after Pentecost**

**Study:** If you, O Lord, should note what we do wrong, Lord, who could stand? But there is forgiveness with you, so that you may be revered.

*Psalms 130:3-4*

### **Apostolic Action:**

- ◆ Follow up any invitations you made to friends to attend Back Church Sunday
- ◆ Do you have some suggestions for next year's Apostolic Action Diary? - Send them to Secretariat. They are keen to hear from you.
- ◆ Ultreya at Kotara Sth on 16<sup>th</sup>

### **Prayer Points:**

- \* Preparations by Servant Community for the 4<sup>th</sup> Day Welcome for W41A & M41
- \* Those who find forgiveness (of self and/or others) difficult
- \* Tri-Diocesan Conference on 17<sup>th</sup>

### **Prayer Requests**

## **18 - 24 September**

## **Fourteenth Sunday after Pentecost**

**Study:** By grace you have been saved through faith, and this is not your own doing; it is the gift of God.

*Ephesians 2:8-9*

### **Apostolic Action:**

- ◆ Prepare palanca for M41
- ◆ Encourage a spirit of generosity in your family towards those who are less well off in your community

### **Prayer Points:**

- \* Diocesan Leaders' Conference 19<sup>th</sup> - 22<sup>nd</sup>

### **Prayer Requests**

**14 – 20 August****Ninth Sunday after Pentecost**

**Study:** Thus says the Lord God, who gathers the outcasts of Israel, I will gather others to them besides those already gathered.

*Isaiah 56:8*

**Apostolic Action:**

- ◆ Are you being diligent with your study of God's word?
- ◆ Share a favourite bible reading with a friend.
- ◆ Send any suggestions you may have for next year's Apostolic Action Diary to Secretariat
- ◆ Ultreya at Lambton on 19<sup>th</sup>

**Prayer Points:**

- \* Bruce and Helen Fraser, their team and guests at 'Continuing the Journey' Workshop
- \* Team, sponsors and candidates as they attend W41A (18<sup>th</sup>—21<sup>st</sup> August)
- \* Start praying for those you could invite to Back to Church Sunday service

**Prayer Requests****21 – 27 August****Tenth Sunday after Pentecost**

**Study:** Jesus said, 'On this rock I will build my church, and the gates of Hades will not prevail against it.'

*Matthew 16:18*

**Apostolic Action:**

- ◆ Can you or your Group Reunion sponsor an adult confirmee to Cursillo?
- ◆ Take time to investigate the Christian music that our youth may enjoy and see if some of this can be incorporated into Sunday Worship services.
- ◆ Reflect on your Christian journey. Share some of the up times and down times with a friend.

**Prayer Points:**

- \* Give thanks for W41A
- \* Young people in your parish.

**Prayer Requests****28 August - 03 September****Eleventh Sunday after Pentecost**

**Study:** If you want to become a disciple of Jesus, deny yourself and take up your cross and follow him.

*Matthew 16:24-25*

**Apostolic Action:**

- ◆ Take time to listen to a friend in need.
- ◆ Share some aspect of your faith journey with a non Christian friend.
- ◆ Applications for M41 closing on the 13<sup>th</sup>. Have you sponsored someone? Act now!!

**Prayer Points:**

- \* Preparations for Back to Church Sunday
- \* People in the community who may be struggling to make ends meet

**Prayer Requests****12 - 18 June****Day of Pentecost**

**Study:** 'Let anyone who is thirsty come to me,' says the Lord; 'and let the one who believes in me drink. For out of your heart shall flow rivers of living water.'

*John 7:38*

**Apostolic Action:**

- ◆ Wear something red to church to celebrate Pentecost
- ◆ Has your Group Reunion considered joint sponsorship?
- ◆ Applications for M41 close in 3 weeks. Have you sponsored someone? Act now if you need to!!

**Prayer Points:**

- \* For the ordained ministry of the Church
- \* Team preparations for this year's 3 day Cursillos

**Prayer Requests****19 - 25 June****Trinity Sunday**

**Study:** Proclaim the Name: 'The Lord, the Lord, a God who is merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.'

*Exodus 34:6*

**Apostolic Action:**

- ◆ Visit someone who is sick. Take a small gift.
- ◆ Make sure you consider your own health as well as those around you.
- ◆ Find out more about a group in your church you know little about.

**Prayer Points:**

- \* Team, Sponsors and candidates for M41 & W41A
- \* Pray for those known to you who are sick

**Prayer Requests****26 June – 02 July****Second Sunday after Pentecost**

**Study:** Jesus said, 'Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me.'

*Matthew 10:40*

**Apostolic Action:**

- ◆ Can you help welcome newcomers to your church?
- ◆ Consider attending 'Continuing the Journey' Workshop in Singleton
- ◆ Consider joining the Servant Community in your Deanery
- ◆ Encourage the leadership team in your church

**Prayer Points:**

- \* Team, sponsors and candidates for M1 & W41A
- \* Preparations for Continuing the Journey

**Prayer Requests**

### **03 - 09 July**

### **Third Sunday after Pentecost**

**Study:** 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest,' says the Lord. 'Take my yoke upon you, and learn from me; for I am gentle and humble in heart.'

*Matthew 11:28-29*

#### **Apostolic Action:**

- ◆ Offer to help with children's / youth ministry in your area.
- ◆ Do you have surplus blankets or warm clothes you can donate to the needy?
- ◆ Are there some young adults in your parish you could consider sponsoring to 3 day cursillos?

#### **Prayer Points:**

- \* Secretariat as they meet on the 5<sup>th</sup> July
- \* Sponsors and candidates for M41 & W41A
- \* The young people in your church

#### **Prayer Requests**

### **10 -16 July**

### **Fourth Sunday after Pentecost**

**Study:** The words you have spoken are spirit and life, O Lord; you have the words of eternal life.

*John 6: 63,68*

#### **Apostolic Action:**

- ◆ Can you offer to mind some children to give parents a break during the school holidays?
- ◆ What skills can you share with others?
- ◆ Have you considered sponsoring a child from a 3<sup>rd</sup> world country?
- ◆ Applications for W41A closing on the 1<sup>st</sup> August. Have you sponsored someone? Act now!!

#### **Prayer Points:**

- \* Team, sponsors and candidates for M41 & W41A
- \* 11<sup>th</sup> is Sea Sunday. Pray for Rev'd Garry Dodd (Chaplain - Missions for Seafarers) See prayer 11 on p 205 of APBA
- \* All attending special Men's Event 15<sup>th</sup>-17<sup>th</sup> July

#### **Prayer Requests**

### **17 - 23 July**

### **Fifth Sunday after Pentecost**

**Study:** You, O Lord, are a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.

*Psalms 86:15*

#### **Apostolic Action:**

- ◆ Take some quiet 'time out' to rest in the Lord's presence
- ◆ Prepare palanca for M41
- ◆ Plan to attend M41 Mananita/Clausura on Sunday 7<sup>th</sup>. Share transport
- ◆ Can you or your Group Reunion help to financially support a young adult attend Cursillo?
- ◆ Ultreya at New Lambton on 22<sup>nd</sup>.

#### **Prayer Points:**

- \* Team, sponsors and candidates for M41 & W41A
- \* Preparations for Youth Synod.

#### **Prayer Requests**

### **24 – 30 July**

### **Sixth Sunday after Pentecost**

**Study:** Every student of the scriptures who becomes a disciple of the kingdom of heaven is like someone who brings out new and old treasures from the storeroom.

*Matthew 13:52*

#### **Apostolic Action:**

- ◆ Help to organise a Parish dinner or fellowship occasion to celebrate mid-winter
- ◆ Have you decided to attend Continuing the Journey? Take a Cursillista friend.
- ◆ We remember William Wiberforce on 30<sup>th</sup>. Watch the DVD 'Amazing Grace' with some friends

#### **Prayer Points:**

- \* Team, sponsors and candidates for M41 & W41A
- \* Outreach ministries in your parish

#### **Prayer Requests**

### **31 July – 06 August**

### **Seventh Sunday after Pentecost**

**Study:** Everyone who thirsts, come to the waters; and you that have no money, come, buy and eat!

*Isaiah 55:1*

#### **Apostolic Action:**

- ◆ Have simple meals for a week and donate the savings in your food costs to the Samaritans.
- ◆ Prepare palanca for W41A
- ◆ Plan to attend M41 Mananita and Clausura on the 7<sup>th</sup>

#### **Prayer Points:**

- \* Secretariat as they meet on the 2<sup>nd</sup> August
- \* Team, sponsors and candidates for M41 & W41A
- \* Give thanks for friendships
- \* Pray for the lonely who have no friends.

#### **Prayer Requests**

### **07 – 13 August**

### **Eighth Sunday after Pentecost**

**Study:** They cried out in fear, but Jesus spoke to them and said, 'Take heart, it is I; do not be afraid.'

*Matthew 14 ;26-27*

#### **Apostolic Action:**

- ◆ Evaluate your spiritual walk
- ◆ Offer to support Kairos ministries in practical ways.
- ◆ Plan to attend W41A Mananita/Clausura on Sunday 21<sup>st</sup>. Share transport.
- ◆ Help with the maintenance of the gardens at your local church.

#### **Prayer Points:**

- \* Bruce and Helen Fraser, their team and guests at 'Continuing the Journey' Workshop
- \* Give thanks for M41
- \* The work of the Mothers' Union (MU) throughout the world

#### **Prayer Requests**